## **Communication Preferences**

## Instructions for setting your INTO communication preferences

1. Log into the INTO Portal     If you have not already registered for the portal, please contact portal@into.ie to request your unique link. Please include your name and payroll     number when you email us.	
Republic of Ireland       C         Mathematicative Concerning       About         Campaigns       Events       Help & Advice       Media Centre         Join       Login	
2. Select 'My Profile'	
Republic of Ireland       C         Internet Construction       About       Campaigns       Events       Help & Advice       Media Centre       Logout       My Profile	
<ul> <li>S. Communication preference settings</li> <li>Under 'Communication Preferences' you will see what your current settings are.</li> <li>If you wish to amend these settings, e.g. to opt out of receiving a hard copy of <i>InTouch</i>, click on view and amend.</li> </ul>	
I do not wish to receive a hard copy of the InTouch Magazine from the INTO ↓ InTouch Magazine ↓ View 4. Don't forget to hit save!	
Save If you have any gueries in relation to accessing the member portal please contact the INTO at <b>portal@into.ie</b> for assistance.	

