

Opportunities and Challenges for Today's Teachers

INTO Youth Conference 2024

Deiseanna agus Dúshláin do

Mhúinteoirí an Lae Inniu

Comhdháil Oíge CMÉ 2024

Fáilte

Dear delegate,

We are delighted to welcome you to Sligo for our Youth Conference. It is a wonderful opportunity for us to meet and consult with young members of the INTO and to hear directly about your experiences and the issues that concern you as a teacher in today's complex classrooms. We would like to inform you about what the INTO does for you, but also listen to what you have to say about your participation in the union. We look forward to the output of the discussion groups which we will consider carefully and use to inform our policies and practices.

We hope that you will enjoy the programme of speakers, discussion groups and panel discussions and that you will leave invigorated and inspired by meeting new people and hearing their views.

We look forward to meeting you again, at branch meetings, as a delegate to Congress, one of our conferences or at one of our training or professional development events.

Yours sincerely,



Dorothy McGinley

Dorothy McGinley
INTO President



John Boyle

John Boyle
INTO General Secretary



Kindly sponsored by Cornmarket

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Friday, 26 January

- 3.30pm **Registration and tea/coffee**
- 4.30pm **Conference opening**
Dorothy McGinley, INTO President
- 4.40pm **Your career, progressing as a professional**
Ciarra Gilligan, INTO District 8
Kieran Killeen, INTO Intern
Finbarr Hurley, Primary Leadership
Coordinator Oide
- 5.10pm **Discussion group one: Sustaining and progressing your career**
- 6.15pm **How to submit your questions for the panel discussion**
David Donagh, INTO District 7
- 6.20pm **What the INTO does for you:**
The role of the CEC
Orlaith Ni Fhoglú, CEC Rep District 9
What Head Office does
David O'Sullivan, Assistant General Secretary
Benefit Funds Committee presentation
Deirdre Lanigan, BFC, Division 3
Current issues
John Boyle, General Secretary
- 8.15pm **Dinner**
- 10.15pm **Dancing with the High Five band**

Saturday, 27 January

- 9.00am **Conferences recommences**
- 9.10am **Nutrition: myths and legends**
Sarah Keogh, Eatwell
- 9.50am **Cornmarket Salary Protection Scheme**
Deirdre O'Connor, Deputy General Secretary
Stephen Gibney, Cornmarket
- 10.05am **Discussion group two: Professional challenges for today's teachers**
- 11.10am **Tea/coffee break**
- 11.30am **Panel discussions and questions**
Facilitated by Sheila Murphy, INTO Senior Official
Panel comprises:
Tina McDaid, @teacherofdots
Dr Patrick Sullivan, Deputy CEO, NCCA
Dr Rachel Hanson, Spectrum.Life
Deirdre O'Connor, Deputy General Secretary
- 12:30pm **Wellbeing for young professionals**
Cormac Venney, Hip Psychology
- 1.15pm **Close of conference**

Registration

Registration opens at 3.30pm on Friday, 26 January. We ask you to assist INTO staff by completing your delegate registration card which is in your pack, prior to your arrival at the registration desk.

Conference evaluation

Delegates will be contacted after the conference with a link to a short online questionnaire of the purposes of evaluating the conference.

Absence from school

The Department of Education has given approval for leave of absence for delegates to attend the conference.

A copy of the letter is available on the Youth Conference page of the INTO website. However, substitute cover is not available.

Car park

There are 250 complimentary car parking spaces available on site.

INTO communication policy

Please be advised that photography and videography will be taking place at this event.

These materials may be used by the INTO and included in publications, media materials, promotional materials, digital platforms and social platforms. If you do not wish the INTO to use your image, please notify the INTO staff at the registration desk. The INTO can then take reasonable steps to comply with your wishes.

Discussion groups

Delegates are allocated to one of seven breakout rooms, please refer to your name badge to find your breakout room. There will be signage in the hotel and staff available to assist you with locating your breakout room.

The two discussion groups will take place at 5.10 - 6.15pm on Friday and 10.05 - 11.05am on Saturday. The groups will be facilitated by the Youth Conference Facilitators and will provide delegates the opportunity to give their views and opinions on the important theme *Opportunities and Challenges for today's teachers*.

Following discussion group one *Sustaining and progressing your career*, delegates will have the opportunity to submit their questions to our

General Information

expert panel through the *Slido* app. Please download the *Slido* app in advance of the conference.

The second discussion group *Professional challenges for today's teachers* will focus on strategies to manage workload and work-related stress, use of social media in a professional context and how teacher's wellbeing can be supported.

Conference dinner

All delegates are invited to the conference dinner which will take place in the main ballroom at 8.15pm followed by music from the *High Five* band. A free shuttle bus will operate at 1am to the Sligo Park, Glasshouse and Clayton Hotels.

Trade stands and exhibitors

There will be exhibition stands from the following:

- ✦ Comhar Linn INTO Credit Union
- ✦ Cornmarket Group Financial Services
- ✦ EDUC Mortgages
- ✦ Global Citizenship Schools
- ✦ INTO LGBT+ Teachers' Group
- ✦ Self Help Africa
- ✦ Spectrum.Life

We encourage you to visit their stands during the conference breaks.

INTO Salary Protection Scheme

Salary protection is vital insurance that all INTO members should consider. We depend on a regular income to pay bills, mortgage repayments, pensions and to maintain an enjoyable standard of living.

The *INTO Salary Protection Scheme* is administered by Cornmarket Group Financial Services Ltd and is designed to provide you with a replacement income of up to 75% of salary if you become ill or injured and cannot work. It helps give financial security and peace of mind, so you can focus

on getting better. In addition, the scheme offers members life cover benefit, specified illness benefit and tax relief. For further information, visit cornmarket.ie or call (01) 470 8078.

We are very pleased to have a representative from Cornmarket to provide a short salary protection presentation to conference delegates on Saturday morning. Cornmarket staff will also host a trade stand in the hotel lobby, please make some time to speak with their representatives and ensure you enter their raffle to be in a with a chance of winning a prize.

Youth Conference Facilitators

District 1 Cara Shields
District 2 Shauna McNamee
District 3 Shane Ruane
District 4 Siobhán Gallagher

District 5 Natasha Heavin
District 6 Laura Porter
District 7 David Donagh
District 8 Ciara Gilligan

District 9 Paul Gleeson
District 10 Josephine Doyle
District 11 Grace Hogan
District 12 Caoimhe Driscoll

District 13 David Nicholas
District 14 Seán Hegarty
District 15 Eimear Donaghy
District 16 Colm O'Callaghan